Sex Coaching:

Extending Care Beyond the Exam Room

Sex Coaching bridges the gap between medical care, therapy, and self-help.

Think of me as an *auxiliary service*, like a nutritionist or physical therapist on your referral list. When sex, intimacy, desire, or confidence concerns arise, I provide the education, exercises, and accountability that help your clients or patients thrive.

About Amanda Vee, ABS Board Certified Sex Coach and Sexologist:

I specialize in rebuilding confidence, reducing shame, and strengthening communication. My approach blends a fitness- and health-conscious perspective with over a decade of coaching experience, supporting individuals and couples in all seasons of life.

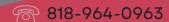
How I Support Your Clients

- Normalize & Educate: Reduce shame and confusion around sexual concerns.
- Restore Confidence: Support those navigating postpartum, menopause, or identity shifts.
- Provide Practical Tools: Address issues like libido mismatch, painful sex, orgasm challenges, or erectile unpredictability.
- Strengthen Relationships: Improve communication, connection, and pleasure.

Referral Options

- Single Sessions (60 minutes) Clarity, education, and one-time guidance.
- 4-Session Package (Individuals) -Exploration patterns, goals, and confidence-building.
- 6-Session Package (Couples) Joint and individual sessions to rebuild connection.

Refer a client or schedule a consult at:



O Thousand Oaks, CA

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